



ICE MELT

Chat Challenge

This game can be silly, but it can also be fun.

Throughout the week, have everyone in the family (who can) write on a small slip of paper different topics that come up in their daily life, fold it, and put it in a box or bowl. Topics can include discussions that happened with friends or colleagues, something new you learned, something interesting you did, something you saw on the news, heard on the radio, read in a magazine or came across on a social feed.

On Shabbat, get a cup of ice cubes ready!

Have the first person choose a card and then they get an ice cube. Now they have to talk about the situation or topic written on the card until the ice cube melts. They can make it into a funny story, a song, a joke, anything that helps keep the family involved in the conversation together.

Then choose a second person to go, hand them an ice cube, and continue with the chat challenge until you've gone around the room/table and everyone has had at least one turn.

Of course, with fun like this, you can keep the game going as long as you'd like!

Sample Topics to Break the Ice:

(feel free to use/write these for your first round of chats!)

- Saw someone giving another person flowers
- Heard a young boy tell his mommy he loves her
- Watched an older couple hold hands walking down the street
- Listened to a song that I finally understood the lyrics to
- Had a chance to help someone
- Learned 3 new Hebrew words
- Watched a video about something cool
- Read an interesting story about Jewish life in a different place
- Heard a new Israeli song