

Shabbat Blessings ברכות לשבת

Candle Lighting

Light the candles prior to reciting this blessing.

*Baruch ata Adonai eloheinu melech ha-olam
asher kiddishanu b'mitzvotav v'tzivanu
l'hadlik ner shel shabbat.*

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם אֲשֶׁר
קִדְּשָׁנוּ בְּמִצְוֹתָיו וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת

Blessed are You, Lord our God, Ruler of the Universe, Who has sanctified us with His commandments and commanded us to light the Shabbat candles.

Blessing Children

It is traditional to place your hands on your child's head during the blessing.

FOR SONS

Yesimcha Elohim k'Ephraim v'chi-Menashe

לְבָנִים
יְשִׁימְךָ אֱלֹהִים כְּאֶפְרַיִם וְכִמְנַשֶּׁה

May G-d bless you to be like Ephraim and Menashe.

These brothers, two of the Tribes, are an example of living in peace without rivalry.

FOR DAUGHTERS

Yesimech Elohim k'Sarah Rivka Rachel v'Leah

לְבָנוֹת
יְשִׁימְךָ אֱלֹהִים כְּשָׂרָה רִבְקָה רָחֵל וְלֵאָה

May G-d bless you to be like Sarah, Rebecca, Rachel, and Leah.

Our four Matriarchs are examples of the high quality of Jewish women.

FOR ALL

Yivarechecha Adonai v'yishmerecha

לְכָל
יְבָרְכֶךָ יְהוָה וְיִשְׁמְרֶךָ

Ya'er Adonai panav eilecha vichuneka

יֵאָר יְהוָה פָּנָיו אֵלֶיךָ וְיַחְנֶךָ

*Yisa Adonai panav eilecha v'yasem lecha
shalom*

יֵשָׂא יְהוָה פָּנָיו אֵלֶיךָ וְיִשֶּׂם לְךָ שְׁלוֹם

May God bless you and protect you.

May God show you favor and be gracious to you.

May God show you kindness and grant you peace.

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Shalom Aleichem

שלום עליכם

This song is traditionally sung just before the meal Friday night, to greet the angels that G-d has sent to bless our Shabbat table.

*Shalom aleichem mal'achei hashareit
mal'achei elyon mimelech malchei
ham'lachim, ha-kadosh baruch hu*

שְׁלוֹם עֲלֵיכֶם מַלְאָכֵי הַשָּׁרֵת מַלְאָכֵי
מְמַלְךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא

*Bo'achem l'shalom mal'achei hashalom
mal'achei elyon mimelech malchei
ham'lachim, ha-kadosh baruch hu*

בּוֹאֲכֶם לְשָׁלוֹם מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיּוֹן
מְמַלְךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא

*Barechuni l'shalom mal'achei hashalom
mal'achei elyon mimelech malchei
ham'lachim, ha-kadosh baruch hu*

בְּרַכּוּנִי לְשָׁלוֹם מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיּוֹן
מְמַלְךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא

*Tzeitchem l'shalom mal'achei hashalom
mal'achei elyon mimelech malchei
ham'lachim, ha-kadosh baruch hu*

צֵאתְכֶם לְשָׁלוֹם מַלְאָכֵי הַשָּׁלוֹם מַלְאָכֵי עֲלִיּוֹן
מְמַלְךְ מַלְכֵי הַמְּלָכִים הַקְּדוֹשׁ בְּרוּךְ הוּא

Peace be with you, ministering angels, messengers of the Most High,
messengers of the King of Kings, the Holy One, Blessed be He.

Come in peace, messengers of peace, messengers of the Most High,
messengers of the King of Kings, the Holy One, Blessed be He.

Bless me with peace, messengers of peace, messengers of the Most High,
messengers of the King of Kings, the Holy One, Blessed be He.

Go in peace, messengers of peace, messengers of the Most High,
messengers of the King of Kings, the Holy One, Blessed be He.

Shabbat Blessings ברכות לשבת

Kiddush / Blessing the Wine

ON FRIDAY NIGHT

בליל יום שישי

Vayichulu ha-shamayim v'ha-aretz v'chol tzeva'am

וַיְכַלּוּ הַשָּׁמַיִם וְהָאָרֶץ וְכָל צְבָאָם

Vayichal elohim bayom ha-shvi'i melachto asher asah

וַיְכַל אֱלֹהִים בַּיּוֹם הַשְּׁבִיעִי מְלַאכְתּוֹ אֲשֶׁר עָשָׂה

Vayishbot ba-yom hashvi'i mikol melachto asher asah

וַיִּשְׁבֹּת בַּיּוֹם הַשְּׁבִיעִי מִכָּל מְלַאכְתּוֹ אֲשֶׁר עָשָׂה

Vayevarech elohim et yom ha-shvi'i vayekadesh oto

וַיְבָרֵךְ אֱלֹהִים אֶת יוֹם הַשְּׁבִיעִי וַיְקַדְּשׁ אֹתוֹ

Ki vo shavat mikol melachto asher barah elohim la'asot

כִּי בּוֹ שָׁבַת מִכָּל מְלַאכְתּוֹ אֲשֶׁר בָּרָא אֱלֹהִים לַעֲשׂוֹת

And the heaven and the earth were finished and everything within them.

And on the seventh day God had finished His work which He had made;
and He rested on the seventh day from all His work which He had made.

And God blessed the seventh day, and He sanctified it; because He rested
thereon from all His work which God had created and made.

Baruch atah Adonai eloheinu melech ha-olam
borei p'ri hagafen

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
בוֹרֵא פְרֵי הַגָּפֶן

Blessed are You, Lord our God, Ruler of the Universe,
Creator of the fruit of the vine.

Washing Hands

Pour water over each hand from a cup.

Baruch atah Adonai eloheinu melech ha-olam asher
kiddishanu b'mitzvotav v'tzivanu al netilat yadayim

בָּרוּךְ אַתָּה יי אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתַיִךְ
וְצִוָּנוּ עַל נְטִילַת יְדָיִם

Blessed are You, Lord our God, Ruler of the Universe, who has sanctified us
with His commandments and commanded us about handwashing.

HaMotzi / Blessing the Bread

Baruch atah Adonai eloheinu melech ha-olam
ha-motzi lechem min ha-aretz

בָּרוּךְ אַתָּה יי אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ

Blessed are You, Lord our God, Ruler of the Universe,
Who brings forth bread from the earth.